



## 2024 Classic T-Ball

### Nibley City Classic T-Ball (Ages 5-6)

This is a developmental program that is designed to teach the fundamental skills of Baseball/Softball in a fun and supportive atmosphere. The 5–6-year-old Classic T-ball division includes a 20 min outdoor instruction/practice with the players own team, prior to a 30 min outdoor T-ball game where everyone on the team gets to bat before the inning changes. These practice/games are held on Tuesday and Thursday evenings.

Tees will be used during the game to help develop proper hitting technique. Pitching is NOT a part of this program. Coaches and parents will be asked to help umpire the games mostly calling players safe or out on a base. As a coach, you will teach the fundamental skills of the game that address each of the skills listed below. Thank you in advance for making the FUNdamentals FUN! Often, learning skills in a game (i.e., follow the leader) will help your players learn the rules while staying engaged.

#### Suggested Fundamental Skill Progression:

- Proper Catching
- Proper Throwing
- Batting stance, swing, and follow through
- Fielding Grounders
- Catching Pop Flies
- Defensive positions for infield and outfield (down and ready)
- Base running, sliding, and tagging up

Each scheduled game/practice you will start with a 20 min practice with only your team in the designated practice area. The next 30 min will be a game with the team listed on the schedule on the field you are assigned to.

#### Rules:

1. Home team will be determined by the schedule
2. Each team bats the entire roster
3. Unlimited number of outs per inning
4. Advance only one base per batter
5. When the last batter hits everyone on base runs all the way home
6. DO NOT PITCH THE BALL TO PLAYERS
7. Games typically allow at least 2 at bats for every player in the ½ hour of play
8. The last two scheduled games try to play a full hour game with the other team