The Nibley, Utah— January 2024

Mayor Jacobsen's Message

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While getting to know the new members of the Nibley Parks and Recreation Committee, I learned a new phrase "exercise in disguise." This phrase immediately made sense to me. I suppose most of us feel we should get more exercise, especially during this time of year with short daylight hours and New Year's resolutions. However, the thought of exercis-

Mayor Larry Jacobsen ing simply for the sake of exercising doesn't sound like a lot of fun for many of us. What if getting beneficial exercise was hidden within another activity that is more fun? What if exercise wasn't the focus, but rather, a side effect of getting out of the house to enjoy a walk or a bike ride? How about the social benefits of a group exercise class? Maybe an adult recreation league playing basketball or soccer? I heard in a seminar somewhere that the challenge of choosing healthy behavior over unhealthy behavior is that we get immediate gratification from unhealthy behavior, while we must be patient to realize the benefits of healthy behavior. I get immediate gratification from eating that second bowl of ice cream, but the reward for sustaining a healthy exercise program only comes with time, not from a single workout. Exercise in disguise is a way to get immediate enjoyment from an activity that just happens to give us a sustainable fitness program as well.

What role does Nibley City play in the fitness of its citizens? Good and effective local government should encourage and promote the health and wellbeing of its citizens. While the City Council can't pass an ordinance requiring that each of us get our 10,000 steps every day, Nibley City can provide resources and services that make it easier for Nibley's citizens to enjoy active and healthy lifestyles. One of the reasons cities exist at all is to provide resources and services that would be difficult for individuals to provide for themselves. By ourselves, not many of us can develop safe bike routes and pedestrian trails for active transportation. Not many of us as individuals can build parks and facilities where we can participate in healthy recreation programs. But together, the citizens of Nibley can do these things, and that's where local government comes in. Nibley City organizes, plans, builds, and manages these beneficial services and resources. Doing so not only promotes fitness for healthy bodies, but also provides the fabric of a healthy community.

If you get the urge for additional information about what's happening in Nibley City, I encourage you to have a look at the Mayor's Journal on the city website. These are status reports written for my boss (that's you!). The latest report details several Parks and Recreation efforts, describes concept plans for the Morgan Farm provided by a USU landscape architecture class, and details the electrical energy costs of commuting on my e-bike. Over the last 1,000 miles, I measured the average cost of electricity to be 0.13 cents/mile. The ten-mile ride from our house to Campbell Scientific (my day job), costs

1.3 cents of electricity—not counting the second bowl of ice cream. Happy New Year!



Nibley Royalty Academy

The Nibley Recreation Department is seeking dedicated volunteers interested in creating a happy, healthy, connected community through its new Nibley Royalty Academy Leadership Training program for young women. The objective of the Nibley Royalty Academy is to inspire and build strong, confidant, future women leaders.

Directors will plan, organize, and implement Nibley's new yearlong Royalty Academy leadership training program. Directors will coordinate leadership training workshops, community service projects, and a full pageant experience for our youth, as in the past. Directors will have support from the Nibley City Recreation department, a secretary, a treasurer and a committee.

If you are interested, please complete the form found by scanning the following QR code. If you have questions, please contact Recreation Coordinator, Tamra Kendrick at *Tamra@NibleyCity.com*, or 435-764-0557.



Nibley City Office 455 West 3200 South Nibley, UT 84321 • Ph: 752-0431 Hours: 9:00 a.m.-5:00 p.m. (Mon.-Fri.) Visit the Nibley City website at www.nibleycity.com Nibley City is also on facebook Go to www.facebook.com/nibley and compage To contact Mayor Larry Jacobsen 435-512-7495 • larry@nibleycity.com facobsenNibleyMayor

If you have comments, or information that could be included in the newsletter, please contact *cheryl@nibleycity.com*.

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Recreation Roundup





"Hi! I am Marquis and am so excited to be a part of the Nibley Fitness program. I will be helping run this account and ensuring classes run smoothly starting in January. I love group fitness classes and the community that is found in them. In my free time you can find me outside with my family, drinking a dirty soda, or baking a yummy treat."



Nibley Fit—There will be no Nibley Fit classes on New Year's Day. Get excited though, because classes the rest of the week are FREE. Come and give

Nibley Fit a try! If you like what you try, we will sweeten the deal and sell you a monthly or quarterly pass at a discounted price. Don't miss out on this amazing opportunity to start the year out strong!



Spring Soccer—We know there are a lot of options for soccer in Cache Valley, and we invite you to consider our Nibley recreation soccer program for your children. Nibley's program is the

most convenient option for practice and game locations. Parents know Nibley's program is fun, affordable, and organized to keep you and coaches informed. Nibley's volunteer coaches are trained, well equipped, background-checked, and teach soccer fundamentals, with a focus on player development and community connection. Plus practices and games will be in Nibley (except for a few in valley games for our oldest league). Finally, Nibley's small-sided soccer program utilizes smaller teams and fields to maximize ball touches, encourage passing, and maximize scoring opportunities. Although this approach is more work for our recreation department, we have found that it is all worth it as we see young players develop, while having fun, in an atmosphere that builds community. Spring soccer registration for PreK to 12th grade, opens in January and

through May. If you have any questions, please contact Curtis, Nibley's Youth Sports Coordinator.



SUPER STARTt Soccer Indoor Clinic— This popular indoor soccer program for 3 & 4-year-olds builds to an outdoor soccer experience. Registration is

available Jan. 3-Feb. 6 or once full, and the program is held once/ week from the end of February to the end of March. This soccer clinic is led by a program coordinator and a volunteer team leader parents inside a local school and developmentally matches pediatricians recommendations of helping young players connect a fun experience with a soccer ball. Spots are limited and this program fills up fast!

Adult Athletic Programs—Nibley is exploring the possibility of offering adult athletic programs. Field and court availability are limited, but we are exploring some creative ways to meet the need and will likely start small at first. Please respond to a survey that will be available on Nibley's social media and website to help us decide where to start and discover what might work best.



ON DECK: Nibley Recreation Youth Baseball, Softball, T-Ball—Enjoy classic American ball and bat sports with your child even if they are already

playing soccer. Registration is open February through mid-March with games in May and June. Nibley City registration closes out weeks earlier than surrounding communities, so coaches and players have the opportunity to pull together more practice prior to the season. If you have signed your child up for Nibley City's Soccer programs, feel assured that end-of-season soccer games will not overlap with early season baseball, softball, or T-ball games for the same age group.

Christmas Thank You's—Nibley City appreciates the work of Mike and Roxie Christensen, caretakers at Nibley's Morgan Farm, for offering the community the Live Nativity. The Christensen's want to thank John & Janice Wallentine, Gerald Knight, Sheri Schiess, Charlie Back-us, Lisa Lundahl, the Nibley City Youth Council and all the generous volunteers and cast members. They also want to thank ALL who attended and supported this wonderful tradition!

see young players develop, while having fun, in an atmosphere that builds community. Spring soccer registration for PreK to 12th grade, opens in January and closes in February, or once full. Games will be April 2 season bright. Finally, thank you to Rocky Mountain Power, Blackstone products, Cherry Peak Resort, Zootah, and the American West Heritage Center, for their very generous support of the Nibley Decorating Contest contestants.

Save the Date—Nibley's HOPstacle Run will be on Saturday, March 30, 2024 (the Saturday before Easter).



Chad Wright

Nibley Recrea Director Find the most up-to-date information on Nibley City recreation events & activities at *www.nibleycity.com* and

www.facebook.com/nibley



Cache Valley Wildlife Association Create Your Own Suet

Suet is a simple and inex-

pensive treat to make and attracts some of Cache Valley's favorite wintering birds, like woodpeckers and chickadees. Suet contributes to the survivability of birds during harsh months by providing a hearty, protein-filled meal.

Suet is typically made from rendered fat to create a solid form with added nuts, grains, and berries. Ask your butcher for fat trimmings that can used to create suet. To render the fat, heat it gently over the stove until melted. Strain the liquid fat until all meat traces have been removed. Melted down vegetable shortening can be used as an alternative.

Once you have hot, rendered fat or vegetable shortening, add additional nutritious treats such as flour, oats, nuts, peanut butter, dried breadcrumbs, cracked corn, raisins, and dried cranberries.

Pour the suet mixture into some type of mold after combining the ingredients (*e.g.*, *orange juice cartons*, *cupcake liners in muffin tins*, *egg cartons*, *pine cones rolled in the suet mixture*, *and even ice cream cones*). Add a length of string or twine to the mold before the suet hardens so you have a means of hanging it outside. Freeze your suet in the mold for a few hours, release from the mold, and hang it outside near shrubs and trees.

Dinner is served! Grab your bird book and your binoculars and watch your wintering birds feast from the warmth of your home.



- 1 cup rendered fat or vegetable shortening
- 1 cup chunky peanut butter (add to hot fat/ shortening)
- 3 cups ground cornmeal
- 1/2 cup white or wheat flour
- 1 cup berries, nuts, etc.



How It Works Snow Removal

Nibley City's Public Works department utilizes cameras to gauge how much snow has fallen. When Nibley City experienc-

Chet Olsen Street Dept. Manager has fallen. When Nibley City experiences a snowstorm where significant snow has fallen and is anticipated to collect or

stick to the streets, the on-call staff from public works will call everybody in the morning. Public works staff will start plowing at 4:00 a.m., plowing all the priorities roads first. Residents can see a map of priority roads at *www.nibleycity.com*. Next, staff plows the secondary roads and lastly, finish off all of the cul-de-sacs. Plowing

is usually finished by 12:00 p.m.

Public Works uses a lot of heavy equipment to keep our streets and sidewalks safe. They currently have two pickup



trucks with sanders, three bobtail dump trucks with sanders, one big dump truck with a sander, two backhoes, one with a plow blade and the other with a box plow, and one loader with a plow. So in total they use nine machines



to help with the roads. They also use four different machines to maintain sidewalks. Some of the treatments used are white salt and blue salt. White salt is used in warmer

storms and blue salt for the colder storms because blue salt has additional additives to help kickstart the melting process in colder storms.

You can help our snow removers by not plowing or pushing snow into the roadway. Please keep the snow on your property. Also, if crews make a pile of snow in a culde-sac make sure the kids don't build forts, tunnels or ice caves in the piles. The drivers can't see kids in the snow piles and could possibly push more snow into the pile.



Reminders from Nibley City Staff

We're Closed

Nibley City Hall will be closed on Monday, January 1 in observance of New Years Day and Monday, January 15 in observance of Martin Luther King Day.



Dog Registration

Hey Nibley dog owners . . . great news! Dog registration is now online. You can renew and pay a current dog license from basically anywhere. Even, new dog licenses can be done

at any time by going to www.NibleyCity.com; Citizens; Dog Licensing.

As a reminder, dog licensing expires the last day in Feb-

ruary. If you license before Friday, March 1, you will get early-bird pricing (which is a \$10 discount) through February 29. If needed, you will be re-



quired to upload current rabies information. If you have a current dog license, you will be emailed a reminder and a link to do your renewal online.

In other exciting news, Nibley City will be holding a Rabies Vaccination Clinic on February 3, 2024, here at Nibley City Hall (455 W. 3200 S.) The clinic will be from 9:00 a.m.-11:00 a.m. and vaccinations will be administered by Dr Cliff Mitchell DVM from North Cache Veterinary Service. The price of the rabies vaccination will be \$25 and all proceeds will go to help Utah State University veterinary students. Nibley City staff will also be on site to help you with the online renewal process.



Treecycling

Now that the Christmas season has come and past, you might have need to disposed of your live Christmas tree. Fortunately, there is a treecycling drop site right here in Nibley. Just go to the parking lot at Anhder Park at 260

West 3200 South now through February 11, 2024. Please remove all tinsel, lights, ornaments or stands.

Outside of these dates, you will need to take your tree to the green waste facility located at the Logan landfill.

-Nibley City Staff

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GOAL FOR JANUARY MAKE A PLAN

Understand what puts you or your family/community at risk from disasters and take steps to lower your risk.

When an emergency happens, you may have to decide what to do very quickly, while worrying about what might happen. By planning ahead, it will be easier to make the right decision(s) when the worst happens.

TASKS

- Plan what to do if you have to evacuate.
- Take steps to prevent damage to your home in a disaster.
- Learn what disasters can happen in your area and decide what you will do in a disaster.

Planning Our City



On December 14, the Nibley City Council passed two significant ordinances that amend Nibley City's Land Use code. Below is a summary of each adopted ordinance.

Levi Roberts Nibley City Planner levi@nibleycity.com Ordinance 23-35: Animal Land Use Reg-

ulations-This ordinance regulates the number and type of animals that are allowed on properties, based primarily upon the lot's size.

Most notably, the following changes were adopted:

- Adjustments to several animal point values, which allow for up to 100 animal points for each acre of land. In most cases, point values were lowered and are less restrictive for the keeping of animals. For example, horses were reduced from 75 to 50 points.
- The introduction of a point system for lots which are less than 0.75. Previously, animals on small lots were only regulated by a maximum number per species.
- Allows the combination of adjacent lots of common ownership with one primary dwelling for the purpose of accumulating animal points.
- Additional point allowance for vacant lots, which allows 25 additional large and small animal points.
- A provision for a second or 'companion' large animal at half the points the original for lots greater than 1/2 acre.
- A reduction in the acreage required for keeping of a horse or cow from ³/₄ to ¹/₂ acre.
- A reduction in the acreage required for keeping of a sheep or goat from 0.41 acre to $\frac{1}{4}$ acre.

Ordinance 23-38: Subdivision Approval Process-Changes focused on the process for approving subdivisions and were primarily based upon changes to State Code:

- Removes City Council from approval process for subdivisions. The Planning Commission will approve preliminary plat applications and the City Manager will approve final plat applications.
- Adoption of mandatory process for subdivision applications which requires staff review of each submittal within 15 business days for preliminary plat and 20 business days for final plat.
- Retains legislative authority of City Council for Residential Planned Unit Development (R-PUD) rezones and certain development agreements.
- Removes public hearing requirement for preliminary plat applications, although they may be conducted at the discretion of the Planning Commission chair or City Manager.

For any questions, please contact Levi Roberts.

Happenin' in Hyrum

The Senior Center

Please note that times and dates may change for activities.

The Hyrum Senior Center is open to ALL seniors Monday–Friday from 9:00 a.m.–2:00 p.m. Please call by 9:00 a.m. if you'd like to join them for lunch on Wednesdays and Fridays for a cost of \$3.00 per lunch.

Mondays–Pool at 9:00 a.m. 🔬

- Jan 1 Closed
- Jan 8 Breakfast & Bingo at 10:45 a.m.; \$2.00
- Jan 16 Closed
- Jan 22 Breakfast & Bingo at 10:45 a.m.; \$2.00
- Jan 29 Breakfast & Bingo at 10:45 a.m.; \$2.00

Tuesdays – Pool at 9:00 a.m.

- Jan 9 Bunco and lunch for \$2.00; 11:00 a.m.
- Jan 16 Tip class at 11:00 a.m.
- Jan 23 Bunco at 11:00 a.m.

Wednesdays–Lunches at 12:00 p.m. Programs are after lunch.

- Jan 3 New Years Party. Bring a nice white elephant gift.
- Jan 10 Facedown Game
- Jan 24 Annual Snowflake Party

Thursdays–No lunch is served

• Jan 18 Lunchtime Bunch at Angie's; 11:30 a.m.

Fridays - Bingo at 10:45; lunches at 12:00 p.m.

• Jan 12 Bring a nice white elephant for Bingo

50 West Main, Hyrum • 245-0208 museum@hyrumcity.com

Everyone is invited to watch *Trolls Band Together* on the big screen at the Elite Hall on **Friday, January 5** for the Museum's FREE Family Movie Night! Doors open at **6:30 p.m.** and the movie will begin at **7:00 p.m.** Wear your comfy clothes, bring your pillows, blankets, etc. and bring your own treats.

Go "Back in Time" for the Museum's monthly children's activity *Peoples of Utah* on January 9–11 from 1:00–1:30 p.m. each day. Think more about what community means, plus explore the importance of different cultures within our community. All children are welcome to attend and sign-up is encouraged.

The Museum's SUPER SATURDAY event is on January 27 from 10:00 a.m. to 3:00 p.m. for a *Peoples of Utah Scan & Share* in partnership with the Utah Historical Society. UHS's staff will be in town

to collect YOUR stories! Bring historical materials that represent your community's experiences—photos, art, recipes, journals, letters, poetry, music, family histories, etc. Experts will scan the item, make a digital copy, and return the original.

Finally, beat the winter blues by visiting the Elite Hall during free public walking hours every **Mon.– Fri.** from 7:00–10:00 a.m. Please supervise children and don't bring any food or drinks other than water

Be sure to follow Hyrum City Museum on Facebook and Instagram or *hyrumcitymuseum.org* for the latest info on our exhibits, programming, and news.



The Hyrum Library

50 West Main, Hyrum • 245-6411 • hyrumlibrary@gmail.com *Library hours and activities are subject to change without notice.

Library Hours: Monday-Friday 10:00 a.m.–7:00 p.m.; Saturday 10:00 a.m.–3:00 p.m.

• CLOSED: Jan. 1 New Years

Jan. 15 Martin Luther King Jr. Day

- Story time (Ages 0-5): Mondays at 10:30 a.m. and 11:00 a.m. and Wednesdays at 11:00 and 11:30 a.m. and 2:00 p.m. Pick a time that works best for you.
- Stokes Nature Center Story Time: Jan. 12 at 11:00 a.m. Enjoy stories and an activity with SNC.
- Lego's @ the Library: Jan. 3 and 17 from 4-5 p.m. in the Storytime room. Ages 5+. They supply the Legos, you supply the imagination!
- Magic Tree House Adventure Club: (Sign up is required): Jan. 12 or the 19th at 3:30 p.m. The book that will be discussed is Magic Tree House #5 *Night* of the Ninjas.

Teen Programs:

- Chess & Checkers Club: Jan. 5 from 4–5:00 p.m. in the library Meeting room.
- TAC (Teen Advisory Committee): Jan. 11 at 3:30 p.m.
- Homework Hour: Wed. Jan. 18 at 4:00 p.m. Enjoy a snack while you read, work on homework, or play a board game.

• Teen Activity: Thurs. Jan. 26th at 4:00 p.m. Enjoy a program planned by the Teen Advisory Committee. Adult Programs:

• Book Club (for Adults): Tuesday, Jan. 9 at 11:00 a.m. Join them for a book discussion on *A Year Down Yonder*

Family Programs:

• Family Movie & Popcorn: Monday, Jan. 22 at 4:00 p.m. in the Storytime Room. Watch *Scooby-Doo! And Krypto, Too.* Children under 5 must be accompanied by a parent at all times.