



Ultimate Frisbee

Game Day Check List

- ◇ Text Reminder to Parents
- ◇ Team Equipment Bag
- ◇ Coach Binder with Practice Drills
- ◇ Player/Coach Jerseys (if not already issued)
- ◇ Give **TAKE HOME WHITE FRISBEE** to each player



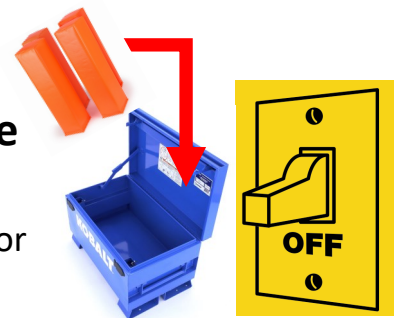
FIRST Game on a Field

HOME TEAM (on schedule) arrives early to open equipment box and **set up endzone pylons**. (visiting team can of course help, have players help as needed) Combo code sent to coaches by text.



LAST Game on a Field

HOME TEAM (on schedule) **returns endzone pylons** to the equipment box, locks it up and turns **OFF THE LIGHTS** (if applicable see back side for lights info. The visiting team can of course help) encourage players to help as needed.



End of Game Protocol

- ◇ Cheer for other team & handshakes
- ◇ Form Spirit Circle (off field in shade)
 - ◇ Shout outs from coach and players for other team
- ◇ Combine Team names for a Cheer
- ◇ Communicate Next Game





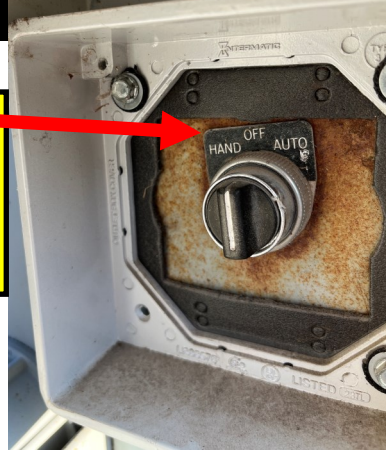
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Ballfield Lights Instructions (@ Softball Field)

Anhder Park NIBLEY



SWITCH: turn dial to the LEFT to "Hand" to turn on



SWITCH PEDESTAL near parking lot entrance. Switch box on East side of the pedestal has a combo lock. (Combo sent by text to coaches)

LIMITED ACCESS REMINDER Use of ballfield lights is limited to Nibley Recreation Ultimate Frisbee games and practices. PLEASE Help us maintain access to these ballfields and lights, by turning off the lights if you are the last game/practice on the field, and a leave no trace clean up.

Ridgeline & Mountain Crest Spirit Circle at Showcase Game—Anhder Park Nibley

